

A woman in a blue and white athletic outfit is captured mid-air, performing a high jump over a bar. She is wearing a blue sports bra and white shorts with blue trim. Her body is arched over the bar, and her legs are bent. The background is a clear blue sky.

MARDI	
MAGIC +	MAGIC FULL
10h00 - 11h00  PILATES	
11h00 - 11h30  ABDOS FESSIERS	
	12h30 - 13h15 LES MILLS RPM 
17h00 - 17h45  BODY SCULPT	18h15 - 19h15  CROSS TRAINING
17h45 - 18h30  CUISSES ABDOS FESSIERS	19h15 - 20h15  CROSS TRAINING
18h35 - 19h20  CIRCUIT FORM	19h15 - 20h00  BOXING FURY
	20h00 - 20h45  BOXING FURY

VENDREDI	
MAGIC +	MAGIC FULL
10h30 - 11h30  CAF STRETCH	
12h30 - 13h15  LESMILLS BODYPUMP	

DIMANCHE	
MAGIC +	MAGIC FULL



75 Cours d'Albret
33000 Bordeaux